

NETBALL RULES (CSSC LONDON – May 2007)

NETBALL IS A NON-CONTACT SPORT

- All teams will consist of a minimum of 7 players, although games can start and be played with 5 players
- Two Ringers can be used per game per team (this allows the minimum 5 players if a team only has 3 players and a maximum of 7 if they have 5 of their own players).
- All ringers are to play out of position ie if you usually play Goal Shooter for your own team and you are ringer for another team you will be required to play in a different position.
- All teams are responsible for bringing their own match ball
- No Jewellery including necklaces and earrings, navel rings etc. (Wedding rings can be taped)
- No long nails (they must be short)
- The umpire's decision is final
- Please note that this is a non contact sport
- The umpire will run through all other rules as and when necessary during the game
- 20 minutes each way.
- There will be no injury time
- Ringers are allowed to play for other teams if they are short of players at their Captains discretion
- If your team cannot attend or will be late please give as much notice as possible to your opposition and to CSSC. (Contact sheet provided).
- If you have not played netball for a while please familiarise yourself with the rules these can be found on the following website www.EnglandNetball.co.uk/ or come along to the CSSC London Netball Club training session on Monday nights 6pm – 7.30pm at the Colombo Street Sports Centre, SE1.

There will be a points system:

- 3 points for the winners
- 1 point for a draw
- Half a point for the losing team if they achieve half of the winning teams score
- If a team has a 'no show' then they forfeit their points to their opponents (3 points for a win)
- If you fail to attend three matches the league captains may require the team to withdraw from the league. The entry fee is non refundable
- 1 point will go to the other team if team arrives late for the match
- Count back will be on goal difference.